Case report

Endoscopic ultrasound for differential diagnosis of malignant pancreatic cystic lesions. Case report and review of literature

Jacek Janiszewski1, 2, Joanna Woźniak1, 2, Iwona Kot-Gromuł1, Maciej Michalak3, 4, Zygmunt Kozielec5, 6, Dariusz Zadrożny7, 8, Radosław Grabysa1, 9

1 Department of Internal Medicine and Gastroenterology, Warmian-Masurian Cancer Center of the Ministry of the Interior and Administration's Hospital, Olsztyn, Poland
2 Department of Cardiology and Internal Medicine, Faculty of Medical Sciences, University of Warmia and Mazury, Olsztyn, Poland
3 Department of Radiology, Warmian-Masurian Cancer Center of the Ministry of the Interior and Administration's Hospital, Olsztyn, Poland
4 Department of Radiology, Faculty of Medical Sciences, University of Warmia and Mazury, Olsztyn, Poland
5 Department of Pathomorphology, Warmian-Masurian Cancer Center of the Ministry of the Interior and Administration's Hospital, Olsztyn, Poland
6 Department of Pathomorphology, Faculty of Medical Sciences, University of Warmia and Mazury, Olsztyn, Poland
7 Clinic of Surgical Oncology Warmian-Masurian Cancer Center of the Ministry of the Interior and Administration's Hospital, Olsztyn, Poland
8 Department of Oncology, University of Warmia and Mazury, Olsztyn, Poland
9 Department of Pulmonology, Faculty of Medical Sciences, University of Warmia and Mazury, Olsztyn, Poland

Correspondence:
Jacek Janiszewski
Department of Internal Medicine and Gastroenterology, Warmian-Masurian Cancer Center of the Ministry of the Interior and Administration's Hospital
10-228 Olsztyn, Poland,
Wojska Polskiego 37
e-mail: jacekjaniszewski74@gmail.com
phone: +48 691 213 621

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ABSTRACT

A 63-year-old female patient was admitted to the hospital for an in-depth diagnosis of accidentally found pancreatic cystic lesion. The lesion was detected by computed tomography scan and magnetic resonance imaging of the abdomen and identified as potentially malignant mucinous cystic neoplasm (MCN). Endoscopic ultrasound-guided fine-needle aspiration biopsy with the analysis of the fluid from the cyst was performed as well and it confirmed the malignancy of the cystic lesion. The patient was qualified for surgery and the final diagnosis based on histopathological examination of the surgical material confirmed MCN with the accompanying invasive pancreatic adenocarcinoma.

Key words: endoscopic ultrasound-guided fine-needle aspiration biopsy, pancreatic cancer, mucinous cystic neoplasm
INTRODUCTION
An increasing number of abdominal imaging examinations resulted in higher cases of accidentally discovered cystic lesions in the pancreas. It is thought that about 40% of the cysts are neoplastic and therefore a fast and accurate diagnosis is crucial for further treatment of the patient [1]. The main goal of differential diagnosis is to determine, as closely as possible, the nature of the cyst to facilitate the selection of further treatment.

Differential diagnosis of malignant pancreatic cystic lesions (MPCL) needs to take into consideration whether the lesions are of malignant nature – intraductal papillary mucinous neoplasm (IPMN), serous cystadenocarcinoma (SCA), potentially malignant – mucinous cystic neoplasm (MCN) or benign – serous cystic neoplasm (SCN) [2].

Endoscopic ultrasound (EUS), computed tomography (CT) and magnetic resonance imaging (MRI) are the currently available, modern methods for precise diagnosis of pancreatic cystic tumors. Endoscopic ultrasound-guided fine-needle aspiration biopsy (EUS-FNA) and the cytological examination of the fluid collected from the cyst (biochemical analysis, cytological analysis and mucin analysis) should be performed in order to obtain a comprehensive diagnosis of the lesions [3, 4].

In this work we have presented the stages of differential diagnosis of the pancreatic cystic lesion found during preventive ultrasonography (USG) check-up of the abdomen. The application of EUS-FNA facilitated the formulation of the final diagnosis and the best course of treatment.

CASE REPORT
A 63-year-old female patient and a long-term tobacco smoker diagnosed during a preventative abdominal USG with a cystic lesion of the pancreatic tail was admitted to Internal Medicine and Gastroenterology ward for EUS-FNA of the lesion. The above change had already been visualised in CT and MRI scans of the abdomen. The application of EUS-FNA facilitated the formulation of the final diagnosis and the best course of treatment.

As a result of MRCP and the performed analysis of curved multiplanar reformatted (MPR) images from CT, communication between tumoral cyst with MPD was definitely excluded. Finally, a diagnosis of pancreatic MCN was made without evident radiological signs of malignancy.

EUS examination was performed during hospitalisation with Olympus GF-UCT 180 apparatus. The examination detected a cyst of 27.6 x 32.8 mm in diameter in the tail of the pancreas.
with a septum (fig. 3). At the base of the cyst septum, a thickening of the wall was detected with the presence of a mural nodule (fig. 4). The MPD, and the common bile duct (CBD) were not enlarged. The connection of the cyst with the pancreatic duct was not visualised. A biopsy of the cyst was performed with an Olympus EZ Shot 3 Plus22 G needle and 2 cubic cm of sticky liquid were obtained. The liquid was analysed for the concentration of carcinoembryonic antigen (CEA), amylase activity, glucose concentration and microscopic evaluation of the fluid after centrifugation (fig. 5).

FIGURE 3.
EUS image of a pancreatic cyst. The cyst diameter was determined to be 27.6 x 32.8 mm.

The obtained results showed high concentration of CEA (54254.00 ng/ml), low glucose concentration (7 mg/dl) and low amylase activity (14U/l). Erythrocytes were dominant in the microscopic smears of the fluid obtained after centrifugation, however, other morphotic blood elements were present as well. Single, leached cells, mostly naked nuclei of ambiguous nature were detected as well, however their presence did not warrant diagnosis. The obtained results indicated that the lesion was a mucous cyst [5–7].

Once the case analysis had been carried out, and having taken into consideration the ultrasound image of the lesion as well as the laboratory results, a diagnosis of MCN mucinous cystic neoplasm (MCN) was made. Due to risk factors of cyst malignancy, such as: the cyst diameter ≥ 3 cm, the presence of the wall nodule, the thickening of the cyst wall, the presence of mucus with high concentration of CEA, and low glucose concentration, the patient was qualified for surgery [6–9].

The patient underwent peripheral pancreatic resection with splenectomy and lymphadenectomy. The procedure and the postoperative period were completed without complications.

Macroscopic analysis of the material carried out by a pathologist showed a fragment of the pancreas, 7.5 x 5.5 x 3 cm in size, with a cyst with a diameter of 3 cm, filled with sticky, brown fluid. The lining of the cyst was smooth and shiny, with a nodule of 8 mm in diameter protruding into the lumen. Macroscopically analysed wall nodule tissue demonstrated high nuclear atypia and an adenocarcinoma with a diameter of 2 mm was detected within the nodule.
Microscopic image ultimately confirmed MCn with an associated invasive, tubular – type adenocarcinoma of the pancreas (fig. 6).

**FIGURE 6.** Pathological diagnosis of pancreatic adenocarcinoma within the mural nodule-mucinous cystic neoplasm (hematoxylin-eosin staining).

The ability to differentiate between benign pancreatic lesions, or with low malignant potential, such as pseudo-cysts or SCN, and lesions with a high risk of turning malignant, e.g. IPMN or MCn has become a real challenge.

In the case described, EUS-FNA technique confirmed the size of the cyst, detected the thickening of the cyst wall and the presence of mural nodule.

The sample material obtained during the examination was analysed and the results of the analysis combined with EUS images facilitated making a decision to carry out the resection of the lesion [8].

EUS image correlated fully with the macroscopic image of the cyst in the post-procedure sample and the mural nodule described in EUS examination was confirmed in microscopic analysis as a mucous tumor with an invasive carcinoma 2 mm in diameter.

**SUMMARY**

The above-described case confirms the importance of endoscopic ultrasound-guided fine-needle aspiration biopsy technique in diagnosing the degree of malignancy in pancreatic cysts. Moreover, it clearly demonstrates that endoscopic ultrasound is a far more precise diagnostic tool than CT and MRI in imaging of minuscule changes inside the cyst, e.g. wall nodules. Our observation is consistent with the International Consensus Guidelines (ICG), which is currently the main factor qualifying the patient for surgery [8].

**DISCUSSION**

An increasing number of pancreatic cystic lesions are being detected due to the widespread use of abdominal imaging such as USG, CT and MRI. According to available data, pancreatic cysts have been detected in 2.5–13.5% of the patients who have been examined for reasons other than pancreatic diseases [10–12].

References


Authors’ contributions:
Radosław Grabysa: supervision, summary and bibliography on the above-mentioned parts;
Jacek Janiszewski: abstract, introduction, case report, discussion, summary, collection and analysis, graphic, summary and bibliography on the above-mentioned parts;
Joanna Woźniak: abstract, introduction, case report, discussion, summary, collection and analysis, graphic, summary and bibliography on the above-mentioned parts;
Iwona Kot-Gromuł: endoscopic examination, collection and analysis (keeping medical records);
Maciej Michalak: collection and analysis radiological examinations, graphic;
Zygmunt Kozielski: collection and analysis histopathological examinations, graphic;
Dariusz Zadrożny: surgical procedure, summary and bibliography on the above-mentioned parts.

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