Maple pollen season in selected cities of Poland in 2018

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Abstract: The study compares the maple pollen seasons in Bialystok, Bydgoszcz, Cracow, Drawsko Pomorskie, Sosnowiec, Lublin, Olsztyn, Opole, Piotrkow Trybunalski, Szczecin, Warsaw and Zielona Gora in 2018. The investigations were conducted using the volumetric method. The maple season started in all sites in the first decade of April, with the exception of Sosnowiec, where the season began already on March 16th. The peak values of seasonal pollen count occurred between 12th–20th April in all cities. The highest daily pollen count was recorded in Sosnowiec and in Lublin on the same day (12th April) in both cities. The greatest risk of allergies caused by the presence of airborne maple pollen was observed in Sosnowiec, Lublin and Opole.

Key words: allergens, pollen concentration, maple (Acer), Poland, 2018

he *Acer* genus comes from the *Sapindaceae* family and is represented by approx. 150 species [1, 2] occurring mainly in the temperate climate zone. In Poland, the maples are widespread, and there are 3 native species that occur in natural environment: *Acer platanoides* L., *Acer pseudoplatanus* L. and *Acer campestre* [3]. They occur in deciduous forests, also near streets and in parks. One species of *Acer negundo* is considered an invasive species in Poland [4], which

is common in almost the entire country except in Pomerania and North-Eeastern Poland. Additionally, many species are common trees and decorative shrubs, e.g. *A. tataricum*, *A. rubrum*, *A. saccharinum* and *A. palmatum*. Despite the wide spread of the *Acer* genus in the air, large amounts of pollen grains of this taxon are not recorded [5]. This is due to the fact that most of the maple species are entomophilous. Significant amounts of pollen present in the air most likely come from the

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^{"Copyright by Medical Education. For private and non-commercial use only. Downloaded from https://www.journalsmededu.pl/index.php/alergoprofil: 18.05.2024; 11:56,00} *Acer negundo* species [6, 7]. In allergology, maple pollen does not play a vital role, because it has weak or medium sensitizing properties [8, 9].

Aim

The aim of the study was to compare the maple pollen season in Bialystok, Bydgoszcz, Cracow, Drawsko Pomorskie, Sosnowiec, Lublin, Olsztyn, Opole, Piotrkow Trybunalski, Szczecin, Warsaw and Zielona Gora in 2018.

Material and method

The measurements of the pollen concentration in the study sites were performed with the volumetric method using Burkard and Lanzoni pollen samplers. Microscopic observations were performed on preparations obtained in a 7-day cycle with assessment of 24-hour periods. The results were expressed as the number of pollen grains in 1 m³ of air per day (P/m³). The start of the season was defined as a date when 1% of the seasonal cumulative pollen count was trapped and the end of the season when cumulative pollen count reached 99%. The total pollen count over this period was expressed by the symbol SPI (Seasonal Pollen Index). The course of the pollen seasons in each city is shown in the graphs (fig. 1–6).

Results and discussion

In 2018, the maple pollen season started between 16^{th} March (Sosnowiec) and 12^{th} April (Bydgoszcz, Drawsko Pomorskie, Olsztyn and Szczecin) and ended at the turn of April and May (tab. 1, fig. 1–6). In Sosnowiec, compared to other cities, a very long pollen season was found, which was 54 days (tab. 1). The highest maple pollen concentrations were detected in the second decade of April ($12^{\text{th}}-20^{\text{th}}$ April) in all analyzed cities (tab. 1). The highest daily pollen count was recorded in Sosnowiec – 152 P/m^3 and in Lublin – 144 P/m³ on the same date in both cities (12^{th} April) (fig. 1). While the lowest concentration of pollen was found in Cracow – it was only 7 P/m³ (fig. 3).

 Table 1. Characteristics of Acer (maple) pollen season in 2018.

Site	Duration of pollen season (number and days)	Peak value [P/m³] and peak date	Seasonal Pollen Index – SPI	Number of days concentration above threshold 20 P/m ³	Number of days concentration above threshold 50 P/m ³
Bialystok	10.04–1.05 22	19 17.04	84	0	0
Bydgoszcz	12.04–2.05 21	54 18.04	307	7	1
Cracow	9.04–6.05 28	7 15.04	23	0	0
Drawsko Pomorskie	12.04–8.05 27	27 17.04	164	1	0
Sosnowiec	16.03–8.05 54	152 12.04	849	10	4
Lublin	4.04–29.04 26	144 12.04	701	10	3
Olsztyn	12.04–1.05 21	36 20.04	205	4	0
Opole	9.04–29.04 21	121 13.04	689	9	5
Piotrkow Trybunalski	9.04–25.04 17	72 15.04	371	6	2
Szczecin	12.04—3.05 22	85 19.04	311	3	1
Warsaw	11.04–5.05 25	84 14.04	375	7	2
Zielona Gora	9.04–29.04 21	65 14.04	413	9	3

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Figure 1. Maple pollen count in Lublin and Sosnowiec in 2018.

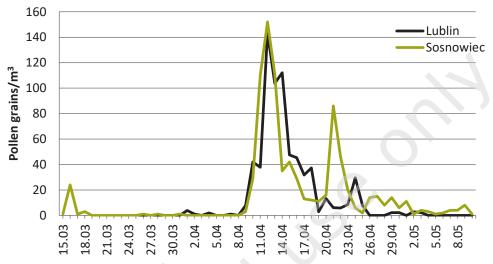


Figure 2. Maple pollen count in Olsztyn and Opole in 2018.

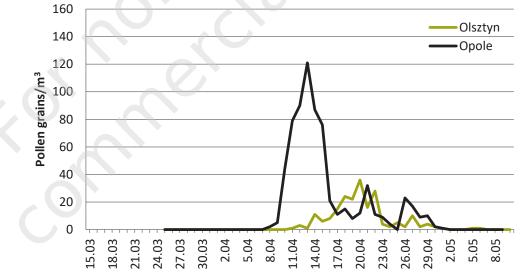
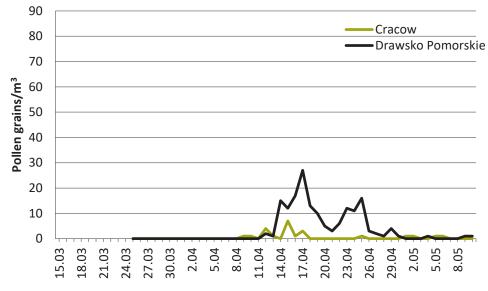


Figure 3. Maple pollen count in Cracow and Drawsko Pomorskie in 2018.



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Figure 4. Maple pollen count in Warsaw and Zielona Gora in 2018.

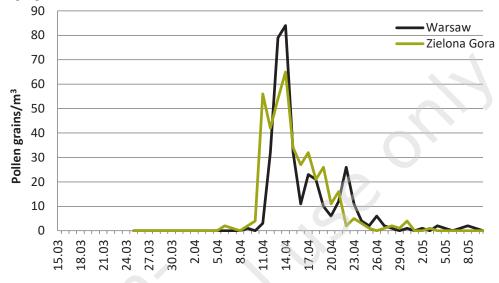


Figure 5. Maple pollen count in Piotrkow Trybunalski and Szczecin in 2018.

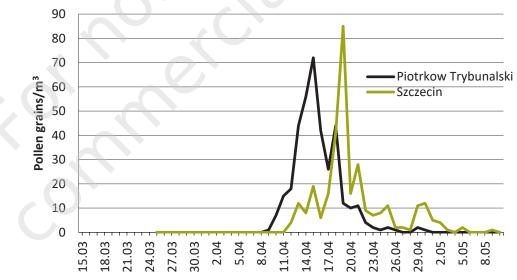
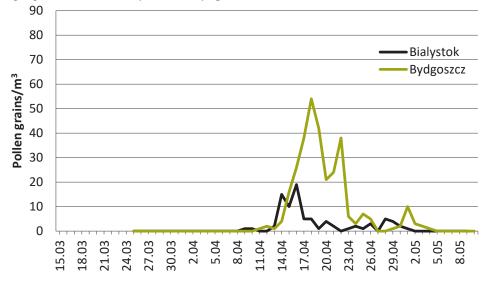


Figure 6. Maple pollen count in Bialystok and Bydgoszcz in 2018.



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In 2018, the sums of maple pollen grains were in the range of 23–849; the highest sums of grains were noted in Sosnowiec (849), Lublin (701) and Opole (689) and the lowest total was recorded in Cracow (23) (tab. 1).

The allergy threat from maple pollen was low in 2018. The concentrations of pollen grains rarely exceeded the threshold values (above 20 and 50 P/m³), at which allergic reactions occur [10]. The greatest number of days with high pollen concentrations was recorded in Sosnowiec, Lublin, Opole and Zielona Gora while Cracow, Bialystok and Drawsko Pomorskie were characterised by the lowest number (tab. 1).

Conclusions

- In 2018, the maple pollen season in all the analysed cities began in first decade of April, with the exception of Sosnowiec, where the season began already on March 16th.
- 2. The highest concentrations of maple pollen were recorded in Sosnowiec and Lublin, whereas the lowest concentrations were noted for Cracow.
- The peak values of seasonal pollen count occurred between 12th-20th April in all cities.
- 4. The highest concentrations of 152 P/m³ was noted in Sosnowiec, and the lowest of 7 P/m³ in Cracow.
- 5. The greatest number of days with pollen concentrations exceeding the threshold value was recorded in Sosnowiec, Lublin and Opole.

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